

Aldington Mini tennis

Between 5 and 7 years old is considered a good age to start learning a discipline like tennis.

It helps with motor coordination and attention span.

Not only does it have the physical aspect, it teaches children mental and social skills ie: sportsmanship and teamwork from early age. It's character building within a friendly but mildly competitive environment.

It's a safe non contact activity and parent participation is to be encouraged at all times. Above all its FUN!

Inside the Aldington Village Hall (so not weather dependent)

3.30pm - 4.30pm each Friday afternoon.

Sessions can be extended to later if children are not local.

£5 per child paid to Nick Russell

the Tennis Club coach.

All equipment provided.

Call Nick Russell on 07906 266641

or Jan on 01233 720345

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www.aldingtontennis.club